

# Mini Mission: Music Makers!

Music has been part of Army life for a long time! Tap your feet, bang a drum and get moving as you explore our at home activity ideas.



The Army has used loud music to scare their enemies before a battle. Can you have a competition with your family to see who can make the scariest face and the loudest noise!



There are 22 Army bands and these bands play all over the world. Put on your favourite song and have a dance around the room. Why not see if anyone else at home wants to join in?



With lots of different instruments being played, Army music can get very loud! Have a hunt around the house and see if you can find five things that make a noise. Ask your grown-up to give it a go too!



Can you sing a song to lift the spirits of your household? The Army uses music to cheer up soldiers during tough times. Think of things that make you happy and sing about them!



Does music help you march for longer? Time yourself marching on the spot, with music and without, which was longer?